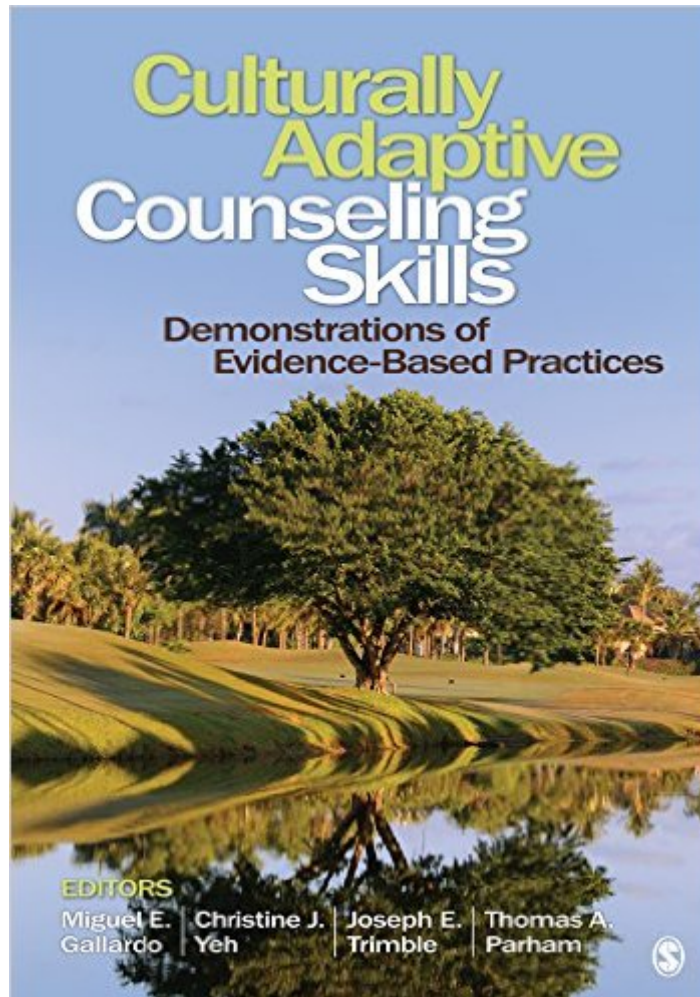


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# Culturally Adaptive Counseling Skills: Demonstrations Of Evidence-Based Practices



## Synopsis

A key supplement for courses on multicultural counseling, this book is a practical volume that will help faculty and students see demonstrations of multicultural counseling in practice. The text covers evidence-based practices for working with five major ethnic groups, while weaving in other factors such as gender, disability, sexuality, and more. Each chapter has two case studies by an invited expert who also provides commentary and lessons drawing upon each case.

## Book Information

File Size: 4009 KB

Print Length: 390 pages

Page Numbers Source ISBN: 1412987210

Publisher: SAGE Publications, Inc (January 24, 2011)

Publication Date: June 8, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B008P5GRSQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #467,659 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #19

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## Customer Reviews

"Culturally Adaptive Counseling Skills: Demonstrations of Evidence-Based Practices" (2012) is written by a team of multicultural stars: Miguel E. Gallardo, Christine J. Yeh, Joseph E. Trimble and Thomas A. Parham who provide a significant contribution to the cultural and psychotherapeutic literature. The book starts by presenting in a clear and concise manner Parham's Skills Identification Stage Model (SISM) which was first developed for African American Clients. In this text the SISM is extended to other ethnic minorities and racial groups (e.g., Latinos, Middle Eastern Americans,

Pacific Islanders). A significant strength of the chapters in this book is the clinical examples. One of my favorite clinical illustrations describes a group of clients in recovery from psychoactive substance addiction that were instrumental in helping the community of South Central Los Angeles recover from the devastation caused by the 1994 earthquake. Illustrations such as these allow the readers to see how SISM principles are translated into action. The chapters are also written very clearly and sincerely. The authors are consistently able to note challenging areas that have yet not been addressed by their model or the cultural literature. The text even includes an important chapter by Dr. Janet Helms in which she not only underscores strengths of the SISM but also its limitations. In short, I have no doubt that this is a crucial text that will benefit any mental health provider who works with ethnic minorities become a significantly better clinician. Martin La Roche, Ph.D.

A+

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